

**iCAT® capability Art Therapy- Australia- 2018 REGISTRATION FORM**



<b>PERSONAL INFORMATION</b>					
Name		Surname		Gender (Select X): Female <input type="checkbox"/> Male <input type="checkbox"/>	
Address			Age		
State			City		
Home Tel #	Mob #	Email Address		Web page/Blog:	
Are you Gestalt ART Therapy CLUB Member? YES <input type="checkbox"/>				Membership Code:	
Are you AASW Member? YES <input type="checkbox"/>				This Course give you 41 CPD Hours	
<b>ARE YOU IN A PSYCHOLOGICAL TREATMENT NOW?</b>		<b>Note: The objective of this workshop is Gestalt Art Therapy training; please note we are not offering Therapy sessions. Anyone that is undergoing psychotherapy treatment is not eligible to attend the workshop.</b>			
NO <input type="checkbox"/>	YES <input type="checkbox"/>				

Work place and title	Mark X in box if student <input type="checkbox"/>
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DO YOU HAVE KNOWLEDGE ABOUT GESTALT THERAPY? Mark with X the appropriate box.

YES

Where did you study Gestalt?  
Degree/Certificate awarded:

NO

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<b>OTHER ACADEMIC DATA</b>	
Degree or certificate awarded: - - -	-Institution/ Date obtained - - -
Any other pertinent information: -	

**FEES FOR THE iCAT® Capability ART Therapy INTRODUCTION COURSE 2018**

**FULL PAYMENT FOR THE COURSE iCAT®**

	<b>FEES</b>
<b>FULL PAYMENT FOR THE COURSE</b>	
Registration to cover all art materials.	Members- Registration: <b>FREE</b> Non- Members: \$50.00
Fee for the three weekends	Workshops: \$199.00 x 3= \$597.00
Fee for two supervision sessions	Supervision: \$120.00 X 2 =\$240.00
<b>Early Bird: One Payment before August 5<sup>th</sup>, 2018:</b> (Discount of 5%)	Members: \$795.15 <input type="checkbox"/>  Non- Members: \$842.62 <input type="checkbox"/>
<b>One Payment after August 5<sup>th</sup>, 2018</b>	Members: \$837.00 <input type="checkbox"/>  Non- Members: \$887.00 <input type="checkbox"/>

- Become a Gestalt Art Therapy CLUB member for \$30.00 per year
- Costs are in Australian Dollars

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**TWO PAYMENTS FOR THE COURSE iCAT ®**

PARTIAL PAYMENTS	FEES
<b>Early Bird:</b>	
<b>Members</b>	
1 <sup>st</sup> Payment <b>before</b> August 5th, 2018	Members: \$438.00 <input data-bbox="1139 568 1222 636" type="checkbox"/>
2nd Payment before October 5 <sup>th</sup> , 2018	Members: \$438.00 <input data-bbox="1139 613 1222 680" type="checkbox"/>
Total course	\$876.00
<b>Non- Members</b>	
1st Payment before August 5th, 2018	Non- Members: \$464.00 <input data-bbox="1150 860 1233 927" type="checkbox"/>
2nd Payment before October 5th, 2018	Non- Members: \$464.00 <input data-bbox="1150 792 1233 860" type="checkbox"/>
Total course	\$928.00

**PAYMENT METHODS (No cheques)**

Payment by PayPal has a 4% commission of the total cost. You will require our email with a link to use a Credit Card or PayPal account.

Bank Transfer payment. We will send you our account to make the transfer.

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## INTRODUCTION i-CAT® SHORT COURSE 2018- Art Therapy- AUSTRALIA

Facilitated by **YARO STARAK & GEMMA GARCIA**

### NUMBER OF HOURS OF TRAINING AND TIME TABLE

DATE 2018	HOURS	TOTAL HOURS
September 8 & 9, 2018	Saturday: 9:30 am to 4:00 pm Sunday: 9:30 am to 4:00 pm	13 h
October 13 & 14, 2018	Saturday: 9:30 am to 4:00 pm Sunday: 9:30 am to 4:00 pm	13 h
November 10 & 11, 2018	Saturday: 9:30 am to 4:00 pm Sunday: 9:30 am to 4:00 pm	13 h
2 Supervision Sessions	Day & Time by arrangement	2 h
Total training hours iCAT®		41 h

### Methodology iCAT® Course

This Introduction course offers essential information how to use Art Tools in therapy sessions with a wide range of clients and situations.

After each weekend, the student will receive by email a module with the theory content to be read before each workshop.

The content will be put into practice at the experiential workshop.

Note: To receive the final Certificate you must complete all three weekends. If anytime, for unplanned reasons, you are not able to attend a weekend or supervision session, then it is possible to make up the weekend or supervision session at the next course.

**PROGRAMME OUTLINE – 2018**

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MODULE 1	<p>1.1 History of gestalt therapy &amp; Fritz Perls. Gestalt theory.</p> <p>1.2 The Gestalt Cycle of creative experience. Gestalt Therapy tools &amp; techniques. The empty chair work.</p> <p>1.3 Theory of the creative process in therapy.</p> <p>1.4 Masks</p> <p>1.5 Sand Play</p>
MODULE 2	<p>2.1 Why study the history of art?</p> <p>2.2 History of art.</p> <p>2.3 Theories of art.</p> <p>2.4 The various periods in the history of art.</p> <p>2.5 Art and society.</p> <p>2.6 The seven muses.</p> <p>2.7 Theory of creativity</p> <p>2.8 Art therapy history</p> <p>2.9 Colour theory</p> <p>2.10 Colour psychology</p> <p>2.11 Psychopathology and psycho- diagnosis</p> <p>2.12 Painting</p> <p>2.13 Mandalas</p> <p>2.14 Collage</p>
MODULE 3	<p>3.1 Group work</p> <p>3.2 Sculptures</p> <p>3.3 Phototherapy</p> <p>3.4 Video therapy</p> <p>3.5 Music-therapy</p> <p>3.6 Dance therapy</p> <p>3.7 Psychodrama</p>

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### Note:

At our Centre, we have a fridge & microwave, so you are welcome to bring your own lunch, also Ashgrove has a lot of cafeterias close to the center if you would like to have lunch there. We have a big street parking area too. For the days of the workshop, we suggest you, wear a comfortable clothing. Permission to collect data in the delivery of the course. All information collected during the course (by way of copy, video recording or photography) will be only for educational use and for the betterment and improvement of future training & courses. All private information is strictly confidential. Every participant has the right to ask to edit or delete his or her data if not in agreement with the content. This request must be sent by email to the Centre directors. Yaro Starak & Gemma Garcia can make changes in the content of the course when and if they deem necessary and appropriate. The Gestalt Art Therapy Directors are not responsible for accidents that may occur to those coming to the Centre premises while attending the course. The participation in the course means that the participant has agreed to all the above-mentioned requirements. The participant needs to be no less than 18 years old. The objective of the Course is Therapy training; please note we are not offering Psychotherapy sessions. Anyone that is undergoing psychotherapy treatment is not eligible to attend the Course. To receive the final Certificate, you must complete all three weekends and the two therapy supervision sessions. If anytime, for unplanned reasons, you are not able to attend a weekend, or supervision session, then it is possible to make up the weekend or supervision session online. All the contents of the course, ideas, examples, pictures, pdf information, etc. have copyright. Contents course are only for personal use.

Cancelations policy: If you cancel your participation 30 days before the starting of the course, the organizers of the training, (Gestalt Art Therapy Centre) will charge 50% of the total paid fee to cover administration cost. Any online course content will not be sent to you. If you cancel your participation 15 days before the starting of the Course, there will be no refund of any paid amount, and any online course content will not be sent to you. Commissions of Payments by Credit card are not refundable. During the course, if you do not pay the partial fees on the provided deadline, your participation will be canceled, and you will be not able to receive any online content and/or supervision sessions and/or final certificate independently of the number of the participated workshops and payments made. To be able to receive the course certificate you must pay and attend all the three weekends and the two therapy supervisions.

### **WELCOME TO THE iCAT® GENERATION!! CAPABILITY ART THERAPY Gestalt Focus!**

Yaro Starak Gestalt, B.A. M.S.W. Therapist and Trainer. CAT® Art Therapist  
Gemma Garcia Dip. Gestalt Therapy,  
CAT® Art therapist, Aurasoma Therapist L2, Ericksonian Hypnotherapist.

[www.gestaltarttherapy.com](http://www.gestaltarttherapy.com)  
[gestaltarttherapycentre@gmail.com](mailto:gestaltarttherapycentre@gmail.com)

**SIGNATURE:**

**DATE:**

**PLEASE, COMPLETE THIS DOCUMENT AND THEN SCAN THIS DOCUMENT OR TAKE A PHOTO AND SEND BY EMAIL to:  
gestaltarttherapycentre@gmail.com**